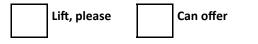
BOOKING FORM

Please reserve me a place at Holiday @ Home on: Tue 11th Wed 12th Thu 13th Single days: Tue or Wed £8, Thu £10 Any two days: £16 All three days: £22 I enclose payment of £_____ Cheques payable to 'PCC of St Mary Magdalene'

Where possible, we will try to arrange lifts for people who do not have their own transport. If you need a lift or are able to offer one to someone else, please tick either box below:



If you have any special dietary requirements, please indicate:



*If you have ticked other please tell us what it is:

NAME (in CAPITALS please):

PHONE NUMBER / EMAIL ADDRESS:

ADDRESS:

HOLIDAY PROGRAMME

Tues	10:00	Registration and coffee
	10:20	Thought for the Day
	10:30	Introduction to Japan
	11:00	Living in Japan
	12:30	Lunch
	13:45	Origami
		Tokyo 2020 Olympics Trials
		Painting
	15:00	Close
Wed	10:00	Registration and coffee
	10:00	Holy Communion (optional)
	10:45	Introduction to the day
	11:00	History & Art of the Geisha
		Flower arranging
		Painting (continued)
	12:30	Lunch
	13:45	Japanese Gardens
	15.00	Painting (continued) Close
	15:00	Close
Thur	10:00	Registration and coffee
	10:20	Introduction to the day
	10:30	Morning Prayer
	11:00	Experiencing Japan
		Table Games
	12:30	Gala Lunch
	15:00	Close
NEW THIS YEAR! Video games to play		

For more details of each session please see inside.

A selection of newspapers, games and jigsaws will also be available in the foyer throughout the holiday.



An activity break for people over 60 and their friends and families

Tue 11th Feb - Thu 13th Feb 10am - 3pm St Mary's Church 44 Moss Lane, Sale, M33 6GD

Please <u>DETACH</u> this portion of the form and return it to the office along with your payment - thank you.

Come along & beat the winter blues.

Visit Japan with us, without leaving Sale. Enjoy the fun and fellowship, and dine in style with English food.

To ease registration, please read through the activities we have on offer and start thinking about your choices. You can mark your choices on the programme overleaf to bring with you as a reminder.

Living in Japan

Tim and Miho Walker will talk about their experience of living in Japan and the Japanese people.

Origami

Miho Walker will teach you some origami, and will also share more about life in Japan.

Tokyo 2020 Olympics Trials

Try out for the Olympics with games for all, Japanese themed.

History & Art of the Geisha

Learn of their ancient traditions of art, dance and singing from Mary Lou.

Painting*

Try your own hand at painting. For beginners and experts. There are two follow on sessions if you need more time to complete your masterpiece.

Flower arranging*

Have fun making a Japanese flower arrangement to take home, guided by Shiona Fosh.

Japanese Gardens

Graham Hardman is Honorary Vice-President of the Japanese Garden Society and will share his experience of Japanese Garden design

Experiencing Japan

Ruth Mannell will share her experience of travelling in Japan.

Table Games

Enjoy the fun and competition of favourite table games

(*) Numbers are limited for Flower Arranging and Painting. Please sign up on the first morning.

lf you like Holiday @ Home, you might also like...



Off Limits - 50+ Club

Activities, outings and speakers Pick up the latest programme in church or look online at www.stmarysaom.org/offlimits

Fridays 1.30-3.30pm St Mary Magdalene Church Centre £2 including refreshments

Please return your booking form by Thursday 6th February to:

St Mary's Church Office 44 Moss Lane, Sale, M33 6GD

For any enquiries, please contact **St Mary's Church Office**:

Tel: 0161 291 9283 Email: office@stmarysaom.org Web: www.stmarysaom.org

