MORNING PRAYER

You may wish to light a candle and have some reflective music playing in the background.

The Lord is good, a strong refuge when trouble comes.
God is close to those who trust in him.

Nahum 1:7

Opening Sentences

O Lord, open our lips
And our mouth shall proclaim your praise.

The night has passed, and the day lies open before us;
Let us pray with one heart and mind.

Pause for reflection as you offer the day to God.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever. Amen

Bible Reading

You may wish to say Psalm 23 or another psalm here, such as Psalm 16 or Psalm 139.

Psalm 23

[1] The Lord is my shepherd, I shall not want.
[2] He makes me lie down in green pastures;
he leads me beside still waters;
[3] he restores my soul.
He leads me in right paths
for his name's sake.
[4] Even though I walk through the darkest valley,
I fear no evil;
for you are with me;
your rod and your staff—
they comfort me.
[5] You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.
[6] Surely goodness and mercy shall follow me
all the days of my life.
and I shall dwell in the house of the Lord
my whole life long.

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

You may wish to use the weekly pattern of short readings given overleaf, or choose a passage of your own.

Prayers

Almighty and everlasting God,
we thank you that you have brought us safely
to the beginning of this day.
Keep us from falling into sin
or running into danger;
order us in all our doings
and guide us to do always
what is righteous in your sight;
through Jesus Christ our Lord.
Amen

Keep us good Lord,
under the shadow of your mercy
in this time of uncertainty and distress.
Sustain and support the anxious and fearful,
and lift up all who are brought low;
that we may rejoice in you comfort
knowing that nothing can separate us from your love
in Christ Jesus our Lord.
Amen

The Lord's Prayer

Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen

The Conclusion

The Lord bless us and preserve us from all evil,
and keep us in eternal life.
Amen

Let us bless the Lord.
Thanks be to God.

You may wish to use the weekly pattern of short readings given below, or choose a passage of your own.

St Mary Magdalene with Sale West Community Church

WEEKLY READINGS

SUNDAY MORNING

But now thus says the Lord,
he who created you, O Jacob,
he who formed you, O Israel:
Do not fear, for I have redeemed you;
I have called you by name, you are mine.
[2] When you pass through the waters, I will be with you;
and through the rivers, they shall not overwhelm you;
when you walk through fire you shall not be burned,
and the flame shall not consume you.
[3] For I am the Lord your God,
the Holy One of Israel, your Saviour.

Isaiah 43:1-3a

MONDAY MORNING

"Do not let your hearts be troubled. Believe in God, believe also in me. [2] In my Father's house there are many dwelling places. If it were not so, would I have told you that I go to prepare a place for you? [3] And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. [4] And you know the way to the place where I am going." [5] Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" [6] Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me**.**

John 14:1-6

TUESDAY MORNING

[8] Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. [9] Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

Philippians 4:8-9

WEDNESDAY MORNING

[16] Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. [17] And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossians 3:16-17

THURSDAY MORNING

[19] So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, [20] built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. [21] In him the whole structure is joined together and grows into a holy temple in the Lord; [22] in whom you also are built together spiritually into a dwelling place for God.

Ephesians 2:19-22

FRIDAY MORNING

[9] Let love be genuine; hate what is evil, hold fast to what is good; [10] love one another with mutual affection; outdo one another in showing honour. [11] Do not lag in zeal, be ardent in spirit, serve the Lord. 12 Rejoice in hope, be patient in suffering, persevere in prayer.

Romans 19:9-12

SATURDAY MORNING

[22] He said to his disciples, "Therefore I tell you, do not worry about your life, what you will eat, or about your body, what you will wear. [23] For life is more than food, and the body more than clothing. [24] Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds! [25] And can any of you by worrying add a single hour to your span of life? [26] If then you are not able to do so small a thing as that, why do you worry about the rest? [27] Consider the lilies, how they grow: they neither toil nor spin; yet I tell you, even Solomon in all his glory was not clothed like one of these. [28] But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, how much more will he clothe you—you of little faith! [29] And do not keep striving for what you are to eat and what you are to drink, and do not keep worrying. [30] For it is the nations of the world that strive after all these things, and your Father knows that you need them. [31] Instead, strive for his kingdom, and these things will be given to you as well.

Luke 12:22-31