

ACTIONS & AMBITIONS PLANNER: Week 1



I can do this tomorrow!

- Pray for God to open our eyes and shine his light into places where we can bring his light both in our homes and in the world
- Make a list of 5 ways to save energy at home such as:
 - ◇ Only use the tumble dryer in emergency
 - ◇ Only use the washing machine for full loads
 - ◇ Put jumpers on before the central heating
 - ◇ Make good use of the oven whilst it is on – use the shelf below to bake that bread now rather than turn it on again an hour later!
- Influence simple change at work - switch off devices that you usually leave on standby such as monitors or switching to more efficient light bulbs
- Learn more – try these other videos from Katharine Heyhoe:
 - 1) [Developing countries need fossil fuels to reach the standard of living we enjoy, right? - YouTube](#)
 - 2) [Is Carbon Dioxide Really a Pollutant? | Global Weirding](#)



I can look at this in the next three months!

- Reduce car usage, save petrol and money by driving more slowly, walking and cycling more for shorter distances. Asking a work colleague to car share and enjoy the company!
- Investigate a renewable energy supplier for your home energy – it may surprise you how easy it is. There are some helpful objective guides online such as [Tearfund - Big Clean Switch](#) and [How To Choose The Best Energy Company - Which?](#)
- Commit to learning more – check out the resources on <https://spckpublishing.co.uk/saying-yes-resources>
- Contact the local MP about the local actions taken or planned to reduce emissions
- Consider giving to a Christian charity that is engaged in helping the world's poorest to avoid consequences of climate change such as Tearfund or Christian Aid
- Get involved in the Climate Coalition www.theclimatecoalition.org
- Purchase the **L is for Lifestyle** book by Ruth Valerio to discover ways of living that do not cost the earth
- Review your list of 5 ways to save energy and replace any that you have fulfilled with new ways



This needs more prayer, planning and consideration – maybe next year

- Start researching about moving to an electric car next time you change your car – cost, charging points at home and at work
- Research solar panels or for your home to provide your own energy
- Research switching to an air source heat pump next time you change your boiler
- Consider less flying or stopping flying altogether – could you take the train or sail on your next holiday? Can you work colleagues continue with more online meetings rather than face to face?