

ACTIONS & AMBITIONS PLANNER: Week 2



I can do this tomorrow!

- Make a note of every time you use water today, ask all the family to join. Review the list and seek easy steps you can take to reduce the quantity of water you use individually and as a family
- Each time you use water – turn on a tap, flush the toilet, etc pray for those who do not have easy access to clean water
- Become aware of your 'virtual water' usage www.waterfootprint.org
- Steam your vegetables over an existing saucepan on the cooker rather than use another pan of water. They will taste better too!
- Shower more, bath less and time your shower – do you really need to sing all those songs before you even start washing?
- Leave a bucket or two out to catch rainwater for the garden
- You will love this one – Clean your car less – think of even more exciting things you could do with the time or use the money you spent at a car wash to give to a water related charity



I can look at this in the next three months!

- Transition to more eco-friendly cleaning products that are made using less water
- Check out charities that are working to improve clean water supply to the world's most needy such as Unicef, WaterAid, Toilet Twinning (www.toilettwinning.org) you may want to make a one-off or a regular donation
- Consider a water butt at home to preserve the rainwater for garden use
- Think about reducing meat consumption and/or dairy consumption – huge amounts of water are needed for sustaining the animals that we eat. Meat free Mondays are a great way to start!



This needs more prayer, planning and consideration – maybe next year

- Get writing! Time to pen that letter or email to a company or an MP to ask that they act on water
- Water is required to produce textiles. Being more responsible with the amount of new clothing you purchase, buying fewer new items. Think about saving water, emissions and money by buying second hand or just consuming less?
- Do you have a water cooler in the office, at church? Think about drinking water and raising money for www.aquaidwatercoolers.co.uk/together-we-save-lives/christian-aid