

# ACTIONS & AMBITIONS PLANNER: Week 5



## 'To Do' List

- Pray and ask God to fill you with compassion and vision for your personal life changes
- Have you done a home waste audit yet? If you have, how much was single use plastic? List items that create plastic waste and rethink purchasing decisions to reduce or avoid them in future e.g. eliminating plastic dispensers, switching to soap from handwash
- Set up an inter-generational conversation between friends and family who lived on wartime rations and before plastic was relied upon to understand 'how they created much less waste'?
- Sign the Rubbish Campaign petition with Tearfund (<https://www.tearfund.org/forms/rubbish-campaign-petition>)
- Talk to the wider family about how to have a single use plastic (SUP) free Christmas
- Is the fish and seafood that you purchase responsibly sourced? Look for fish that has the Marine Stewardship Councils blue fish label, to certify sustainable fisheries



## 'To Do Later' List

- Read The burning issue of the plastic crisis - Tearfund (<https://www.tearfund.org/stories/2020/04/the-burning-issue-of-the-plastic-crisis>)
- Join or set up a litter pick to clear our parks and streets of plastic waste
- Consider signing the "Be Responsible" pledge on Trafford council's website (<https://www.trafford.gov.uk/residents/transport-and-streets/street-care-and-cleaning/the-be-responsible-pledge.aspx>)
- Ask your supermarket about stocking more responsibly sourced fish with the MSC blue label
- Buy less single use plastic – check on the package for recycling options before you purchase
- Invest in reusable beeswax food covers to replace cling film
- In case you missed this in Week 4; check out Terracycle for local or free return schemes
- Look at ways to make your garden more bird friendly!
- Find projects to track and protect endangered plants and bird species. Maybe set up the [Zooniverse](#) app on your smartphone



## 'To think about' List

- Pray and ask God to fill you with vision and prophetic words for ways for St Mary's & Sale West, as a community, to get more deeply involved in the care for creation
- Enhance your knowledge of climate change and justice or poverty reduction, e.g. sign up to The Guardian newspaper's weekly environment email or to regular newsletters from A Rocha or the World Bank website for up to date information